



# REHOBOTH CHRISTIAN COLLEGE

## Kenwick Canteen Menu 2023

### MRS MACS PIES

Steak Pie (280g)	\$ 5.00
Potato Top Beef Pie (190g)	\$ 4.50
Beef Traveller (160g)	\$ 4.20
Beef, Cheese & Bacon Traveller (160g)	\$ 4.20
Large Sausage Roll (175g)	\$ 4.00
Small Sausage Roll (120g)	\$ 3.50
Bacon & Cheese Sausage Roll (140g)	\$ 4.00
Beef Party Pie (46g)	\$ 1.20

### HOT FOOD

Traditional Lasagne (200g)	\$ 5.00
Spaghetti Bolognese (200g)	\$ 5.00
Macaroni Cheese (200g)	\$ 5.00
Nachos Dippers (160g)	\$ 5.50 GF
Fried Rice with Ham (200g)	\$ 5.00 GF
Chicken Goujons (3 pieces)	\$ 2.50
Hash Brown	\$ 1.50

### MINI QUICHES (50g)

Lorraine (Cheese/bacon)	\$ 1.20
Florentine (Cheese/Spinach)	\$ 1.20

### PIZZA

Cheese & Bacon single (100g)	\$ 3.50
Pizza Rounda (130g)	\$ 3.80

### SALAD PACKS

*(Lettuce, tomato, cucumber & feta cheese)*

Large Plain Salad (500ml)	\$ 5.00
Small Plain Salad (370ml)	\$ 3.50
Large Ham Salad (500ml)	\$ 5.50
Small Ham Salad (370ml)	\$ 4.00
Large Chicken Salad (500ml)	\$ 6.00
Small Chicken Salad (370ml)	\$ 4.50
Large Pulled Beef Salad (500ml)	\$ 6.50
Small Pulled Beef Salad (370ml)	\$ 5.00
Large Fruit Salad 400ml (Seasonal)	\$ 5.50
Small Fruit Salad 250ml (Seasonal)	\$ 3.00

### SQUEEZE-ON SAUCES

Tomato sauce	\$ 0.50
BBQ sauce	\$ 0.50

### DRINKS

Waterfords Raspberry Lite & Fruity (475ml)	\$ 2.50
Waterfords Blackcurrant Lite & Fruity (475ml)	\$ 2.50
Chocolate Milk (250ml)	\$ 2.20
Strawberry Milk (250ml)	\$ 2.20
Juice Bomb Grape (250ml)	\$ 2.20
Juice Bomb Watermelon (250ml)	\$ 2.20
Juice Bomb Vanilla Lime (250ml)	\$ 2.20
AppleBlackcurrant Juice (250ml)	\$ 1.50
Tropical Juice (250ml)	\$ 1.50
Spring Water (600ml)	\$ 1.00

### SNACKS

Twisted Frozen Yoghurt (120ml)	\$ 2.50 GF
Moosies Frozen Milk Bar (85g)	\$ 1.70
Berri Quelch Fruit Icy poles (70ml)	\$ 0.80
Snaps Oregano, BBQ, Salsa (25g)	\$ 1.50 GF
Vege Chips Chicken or BBQ (21g)	\$ 1.30 GF
Popcorn (13g)	\$ 1.00 GF
Jelly Cup (200ml)	\$ 1.00 GF
Cupcake	\$ 1.00

## TUESDAYS

### SUSHI (5 PIECE)

Teriyaki Chicken	\$ 6.00
Katsu Chicken	\$ 6.00
Cooked Tuna	\$ 6.00

### ONIGIRI (Warm Triangle Rice Ball)

Teriyaki Chicken	\$ 4.20 GF
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### TOASTED SANDWICHES

#### WHITE OR WHOLEMEAL BREAD

Add Salad (Leaves & Cucumber) with Tomato for extra \$0.50

Cheese	\$ 3.50
Ham	\$ 4.00
Chicken or Chicken Mayonnaise	\$ 4.50
Pulled Beef	\$ 5.00
Cheese / Tomato	\$ 5.00
Ham / Cheese	\$ 5.00
Ham / Tomato	\$ 5.50
Chicken / Cheese	\$ 5.50
Chicken / Tomato	\$ 6.00
Pulled Beef / Cheese	\$ 6.00
Ham / Cheese / Tomato	\$ 6.00
Chicken / Cheese / Tomato	\$ 6.50
Pulled Beef / Cheese / Tomato	\$ 7.00

### HOT DOGS

Plain	\$ 3.50
With Tomato or BBQ Sauce	
With Tomato & Mustard Sauce	

## THURSDAYS

### SUSHI (5 PIECE)

Teriyaki Chicken	\$ 6.00
Katsu Chicken	\$ 6.00
Cooked Tuna	\$ 6.00

### ONIGIRI (Warm Triangle Rice Ball)

Teriyaki Chicken	\$ 4.20 GF
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### TURKISH BREADS

#### TOASTED OR FRESH

Add Salad (Leaves & Cucumber) with Tomato for extra \$0.50

Cheese	\$ 3.50
Ham	\$ 4.00
Chicken or Chicken Mayonnaise	\$ 4.50
Pulled Beef	\$ 5.00
Cheese / Tomato	\$ 5.00
Ham / Cheese	\$ 5.00
Ham / Tomato	\$ 5.50
Chicken / Cheese	\$ 5.50
Chicken / Tomato	\$ 6.00
Pulled Beef / Cheese	\$ 6.00
Ham / Cheese / Tomato	\$ 6.00
Chicken / Cheese / Tomato	\$ 6.50
Pulled Beef / Cheese / Tomato	\$ 7.00

#### PLEASE NOTE:

All orders must be placed at the Canteen before 9:00 am.

Limited amount of extra food available during lunch time.

Orders can also be placed online at [www.quickcliq.com.au](http://www.quickcliq.com.au) before 8 am on Canteen days.

## FRIDAYS

### BURGERS

#### WHITE OR WHOLEMEAL ROLL BEEF OR CHICKEN

Plain	\$ 5.00
Cheese only	\$ 6.00
Salad only	\$ 6.00
The Lot	\$ 7.00

#### Note

All burgers contain mayonnaise unless requested otherwise

Salad on burgers contains lettuce & tomato

### FRESH ROLLS

#### WHITE OR WHOLEMEAL ROLL

Cheese	\$ 3.50
Ham	\$ 4.00
Chicken or Chicken Mayonnaise	\$ 4.50
Pulled Beef	\$ 5.00
Cheese / Salad	\$ 5.50
Ham / Cheese	\$ 5.00
Ham / Salad	\$ 6.00
Chicken / Cheese	\$ 5.50
Chicken / Salad	\$ 6.50
Pulled Beef / Cheese	\$ 6.00
Pulled Beef / Salad	\$ 7.00
Ham / Cheese / Salad	\$ 6.50
Chicken / Cheese / Salad	\$ 7.00
Pulled Beef / Cheese / Salad	\$ 7.50

\* GF = GLUTEN FREE

